

PEOPLES POST

NOVEMBER 2022

FIRST
PERSON
PROJECT

C.I.C.

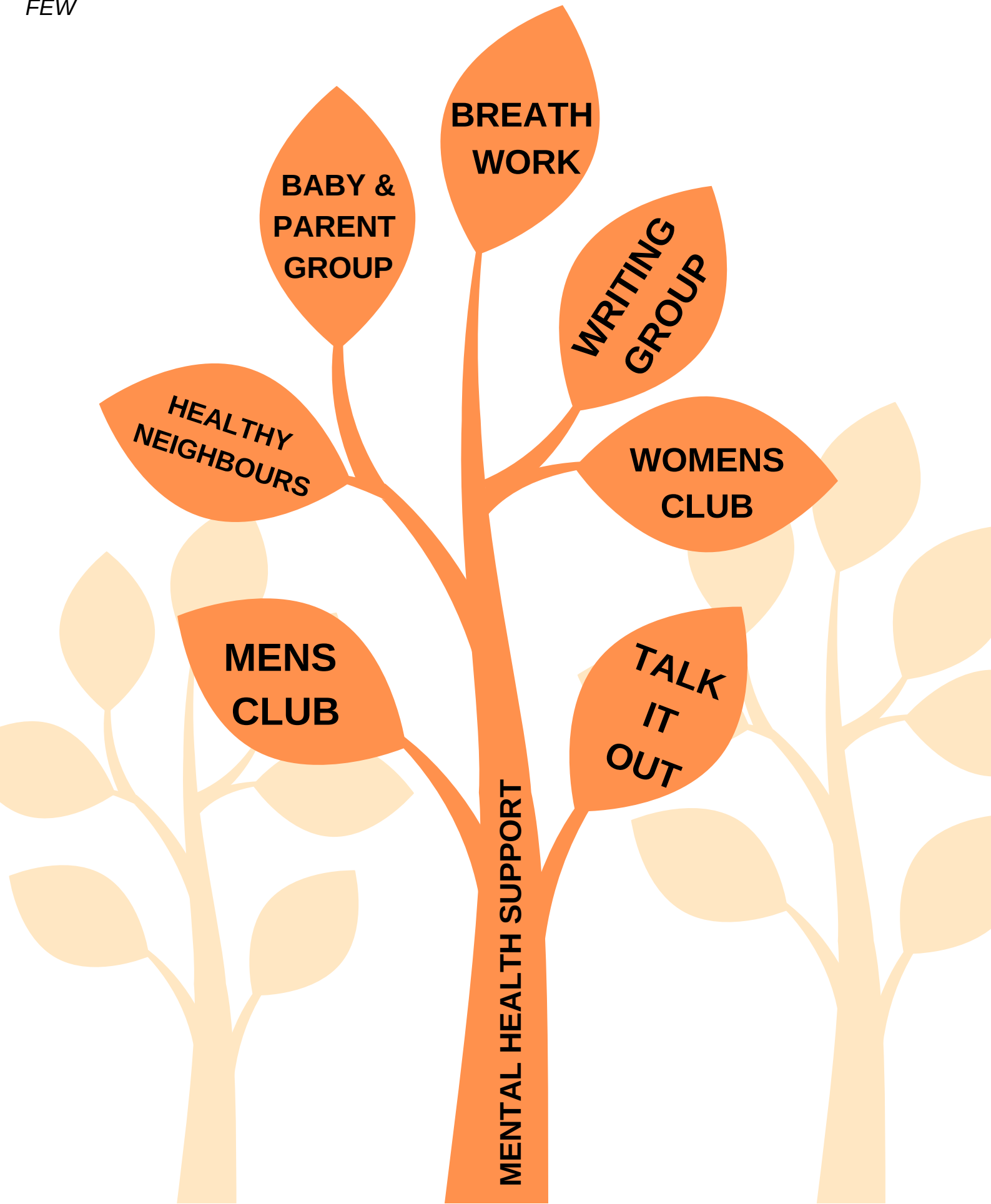
First Person Project is a not-for-profit social enterprise. As a community interest company, we are on a social mission to promote empowerment in communities across Liverpool City Region, improving mental health through socially progressive action.

www.firstpersonprojectcic.co.uk

community@firstpersonprojectcic.co.uk

WHAT IS GOING ON?

*COMMUNITY OPPORTUNITIES MADE WITH, BY
AND FOR THE PEOPLE THESE ARE JUST A
FEW*



COMMUNITY MEMORIES

Thanks to the Austin Smith Fund over the last few months First Person Project have been working with the local L8 community around memories, assets and passion. Using photography and storytelling the local community have come together to explore what is strong within the neighbourhood and what connections can be created through experience.... here are some of the results!



“This place is a hidden gem in the groves. We were lucky enough to go to an open day event they had and we managed to get a key of the lock to access it. We haven't really grown anything yet but we have helped tidying up and joined other community events they organise beautiful space and the perfect excuse to meet people”

“I was lucky to be involved in this community project a couple of years ago. I appreciate it so much as I know where it came from, who did it and the effort behind it. It reminds me of my first couple of summers in Liverpool, cherished memories. I love to see how much it keeps changing and evolving according to what the neighbourhood needs”



TIMETABLE

NORTH LIVERPOOL, L11

TUESDAY

Resilient Minds
- 11am until 1pm

Womens Group
- 2pm until 4pm

THURSDAY

Baby and Parents Group
- 11am until 1pm

SOUTH LIVERPOOL, L8

MONDAY

Writing Group
- 11am until 1pm

WEDNESDAY

Breath Work
- 5:30pm until 6:30pm

FRIDAY

Resilient Minds
-9am until 1pm
(Kelvin Grove, Granby)

Mens Club
-6pm until 7pm